



**Elementary  
Extra Curricular  
Activities**

**Semester 1  
(2022-2023)**

# Extra Curricular Activities

## \*Important Information\*

- All activities are scheduled to start the week of August 22nd
- Registration will open Thursday August 11th at 3pm and close Sunday August 14th at 3pm
- Emails to confirm your child's spot or waitlist spot in the registered activities will go out Monday August 15th
- All registration links are located under each activity in this booklet (*links will not work until registration opens on Thursday at 3pm*)
- There is a waitlist link with information about signing up on the last page of this booklet

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# Kindergarten Activities

## Mondays

Challenge Island 1 (4:00-4:45pm)

Zumba (4:00-4:45pm)

## Tuesdays

Kodely: Building Blocks of Coding (4:00-4:45pm)

Chess Beginner (5:00-5:45pm)

Soccer 1 (5:00-5:45pm)

## Wednesdays

Yoga (5:00-5:45pm)

French Book Club (5:00-5:45pm)

## Thursdays

Spanish 1 (4:00-4:45pm)

## Fridays

Basketball 1 (4:00-4:45pm)

Cooking 1 (4:00-5:00pm)

# 1st Grade Activities

## Mondays

Zumba (4:00-4:45pm)

Challenge Island 2 (5:00-5:45pm)

## Tuesdays

Soccer 2 (4:00-4:45pm)

Spanish 2 (4:00-4:45pm)

Spanish 3 (5:00-5:45pm)

Chess Beginner (5:00-5:45pm)

## Wednesdays

Basketball 2 (4:00-4:45pm)

Ceramics 1 (4:00-4:45pm)

Yoga (5:00-5:45pm)

French Book Club (5:00-5:45pm)

## Thursdays

Kodely: Coding with Empathy (4:00-4:45pm)

Acrylics 1 (4:00-4:45pm)

Running Club (4:00-4:45pm)

## Fridays

Cooking 1 (4:00-5:00pm)

Spanish 6 (4:00-4:45pm)

## 2nd Grade Activities

### Mondays

Zumba (4:00-4:45pm)

Challenge Island 2 (5:00-5:45pm)

### Tuesdays

Chess Intermediate (4:00-4:45pm)

Spanish 2 (4:00-4:45pm)

Cooking 2 (4:00-5:00pm)

Spanish 3 (5:00-5:45pm)

### Wednesdays

Basketball 2 (4:00-4:45pm)

Ceramics 1 (4:00-4:45pm)

Yoga (5:00-5:45pm)

French Book Club (5:00-5:45pm)

### Thursdays

Kodely: Coding with Empathy (4:00-4:45pm)

Acrylics 1 (4:00-4:45pm)

Running Club (4:00-4:45pm)

Theatre (4:00-5:30pm)

### Fridays

Spanish 6 (4:00-4:45pm)

Soccer 3 (5:05-5:50pm)

## 3rd Grade Activities

### Mondays

Zumba (4:00-4:45pm)

Basketball 3 (4:00-4:45pm)

### Tuesdays

Chess Intermediate (4:00-4:45pm)

Cooking 2 (4:00-5:00pm)

### Wednesdays

Spanish 5 (4:00-4:45pm)

Spanish 4 (5:00-5:45pm)

Ceramics 2 (5:00-5:45pm)

Yoga (5:00-5:45pm)

### Thursdays

Kodely: Coding with Empathy (4:00-4:45pm)

Acrylics 2 (5:00-5:45pm)

Theatre (4:00-5:30pm)

### Fridays

Spanish 6 (4:00-4:45pm)

Challenge Island 3 (4:00-4:45pm)

Soccer 3 (5:05-5:50pm)

## 4th & 5th Grade Activities

### Mondays

Zumba (4:00-4:45pm)

Basketball 3 (4:00-4:45pm)

### Tuesdays

Cooking 2 (4:00-5:00pm)

### Wednesdays

Spanish 5 (4:00-4:45pm)

Spanish 4 (5:00-5:45pm)

Ceramics 2 (5:00-5:45pm)

Yoga (5:00-5:45pm)

### Thursdays

Theatre (4:00-5:30pm)

Acrylics 2 (5:00-5:45pm)

Chess Advanced (5:00-5:45pm)

### Fridays

Challenge Island 3 (4:00-4:45pm)

Soccer 4 (4:00-5:00pm)

## 6th Grade Activities

### Mondays

Zumba (4:00-4:45pm)

Basketball 3 (4:00-4:45pm)

### Tuesdays

Cooking 2 (4:00-5:00pm)

### Wednesdays

Ceramics 2 (5:00-5:45pm)

Yoga (5:00-5:45pm)

### Thursdays

Theatre (4:00-5:30pm)

Acrylics 2 (5:00-5:45pm)

Chess Advanced (5:00-5:45pm)

### Fridays

Challenge Island 3 (4:00-4:45pm)

Soccer 4 (4:00-5:00pm)

# Acrylics 1

Shiva Nourpouri



*Students will learn how to paint on canvas while using different brush strokes to create exquisite paintings. Students will get to take home their creations on the last class.*

## Acrylics 1

- **Grades:** 1st & 2nd Grade
- **Times:** Thursdays 4:00-4:45pm
- **Prices:** \$420 includes (\$30.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 14 students
- [Registration Link](#)

# Acrylics 2

Shiva Nourpouri



*Students will learn how to paint on canvas while using different brush strokes to create exquisite paintings. Students will get to take home their creations on the last class.*

## Acrylics 2

- **Grades:** 3rd-6th Grade
- **Times:** Thursdays 5:00-5:45pm
- **Prices:** \$420 includes (\$30.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 14 students
- [Registration Link](#)

# Basketball 1

Jose Vasquez



*This basketball program will involve students learning the basics and fundamentals of basketball while providing them with fun and skill-based experience. All ages will obtain better practice with hand-eye coordination and improved motor skills. Lessons, drills, and fun games will be used to better each student's abilities and improve their skills. No matter their experience they will find something useful to better their skills in basketball. Most importantly they will have fun and hopefully find this as a new favorite activity that they will carry on with their future.*

## Basketball 1

- **Grades:** Kindergarten
- **Times:** Fridays 4:00-4:45pm
- **Prices:** \$286 includes (\$22.00 per session)
- **Length:** 13 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

# Basketball 2

Jose Vasquez



*This basketball program will involve students learning the basics and fundamentals of basketball while providing them with fun and skill-based experience. All ages will obtain better practice with hand-eye coordination and improved motor skills. Lessons, drills, and fun games will be used to better each student's abilities and improve their skills. No matter their experience they will find something useful to better their skills in basketball. Most importantly they will have fun and hopefully find this as a new favorite activity that they will carry on with their future.*

## Basketball 2

- **Grades:** 1st & 2nd Grade
- **Times:** Wednesdays 4:00-4:45pm
- **Prices:** \$308 includes (\$22.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 12 students
- [Registration Link](#)



## Basketball 3

Jose Vasquez



*This basketball program will involve students learning the basics and fundamentals of basketball while providing them with fun and skill-based experience. All ages will obtain better practice with hand-eye coordination and improved motor skills. Lessons, drills, and fun games will be used to better each student's abilities and improve their skills. No matter their experience they will find something useful to better their skills in basketball. Most importantly they will have fun and hopefully find this as a new favorite activity that they will carry on with their future.*

### Basketball 3

- **Grades:** 3rd-6th Grade
- **Times:** Mondays 4:00-4:45pm
- **Prices:** \$308 includes (\$22.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

## Ceramics 1

Shiva Nourpouri



*Students will learn how to transform clay into art by utilizing several hand building techniques such as pinching, coils, slabs, and sculpting.*

### Ceramics 1

- **Grades:** 1st & 2nd Grade
- **Times:** Wednesdays 4:00-4:45pm
- **Prices:** \$420 includes (\$30.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 14 students
- [Registration Link](#)



## Ceramics 2

Shiva Nourpouri



*Students will learn how to transform clay into art by utilizing several hand building techniques such as pinching, coils, slabs, and sculpting.*

## Ceramics 2

- **Grades:** 3rd-6th Grade
- **Times:** Wednesdays 5:00-5:45pm
- **Prices:** \$420 includes (\$30.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 14 students
- [Registration Link](#)

## Challenge Island 1

D'Angelo Castillo



*Pack your suitcases for Challenge Island's® World Tour! You and a team of friends will collaborate and engineer your way around the globe - from the Eiffel tower to the Sydney Harbor bridge to the Taj Mahal to an African safari. Each challenge will bring you to a different International destination and provide a special CI taste of the local flavor there!*

## Challenge Island 1

- **Grades:** Kindergarten
- **Times:** Mondays 4:00-4:45pm
- **Prices:** \$350 includes (\$25.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

## Challenge Island 2

D°Angelo Castillo



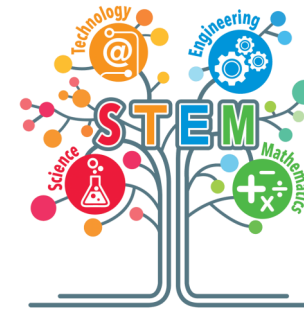
*Pack your suitcases for Challenge Island's® World Tour! You and a team of friends will collaborate and engineer your way around the globe - from the Eiffel tower to the Sydney Harbor bridge to the Taj Mahal to an African safari. Each challenge will bring you to a different International destination and provide a special CI taste of the local flavor there!*

### Challenge Island 2

- **Grades:** 1st & 2nd Grade
- **Times:** Mondays 5:00-5:45pm
- **Prices:** \$350 includes (\$25.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

## Challenge Island 3

D°Angelo Castillo



*Pack your suitcases for Challenge Island's® World Tour! You and a team of friends will collaborate and engineer your way around the globe - from the Eiffel tower to the Sydney Harbor bridge to the Taj Mahal to an African safari. Each challenge will bring you to a different International destination and provide a special CI taste of the local flavor there!*

### Challenge Island 3

- **Grades:** 3rd-6th Grade
- **Times:** Fridays 4:00-4:45pm
- **Prices:** \$325 includes (\$25.00 per session)
- **Length:** 13 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

# Chess Beginner

**Antonio Rabadan**



*The chess class for beginners is intended to develop basic skills over the chess board, familiarize with possibilities and comparative strength of each piece, learn to attack a piece with another piece, to find defensive moves, to choose the best capture from several possibilities and completely master the basic rules of the game.*

## Chess Beginner

- **Grades:** Kindergarten & 1st Grade
- **Times:** Tuesdays 5:00-5:45pm
- **Prices:** \$375 includes (\$25.00 per session)
- **Length:** 15 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

# Chess Intermediate

**Antonio Rabadan**



*The chess class for intermediate players will include methods to coordinate pieces in order to develop tactical ideas and long-term planning strategies as well as basic openings and elementary endings.*

## Chess Intermediate

- **Grades:** 2nd & 3rd Grade
- **Times:** Tuesdays 4:00-4:45pm
- **Prices:** \$375 includes (\$25.00 per session)
- **Length:** 15 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

# Chess Advanced

**Antonio Rabadan**



*The chess class for advance players will include theoretical lessons and games over the board following the rules of the United States Chess Federation, during the semester a complete tournament of 12 rounds will be played. The lessons will be intended to gain knowledge of strategy and tactics in the context of openings, middle game and endings.*

## Chess Advanced

- **Grades:** 4th-6th Grade
- **Times:** Thursdays 5:00-5:45pm
- **Prices:** \$350 includes (\$25.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

# Cooking 1

**SYL Sports Company**



*For cooking classes the children will make a dish from scratch (every week) to take home along with a recipe card enabling them to recreate the experience again!*

*The semester will consist of both sweet and savory dishes but will always follow the principles of healthy eating.*

## Cooking 1

- **Grades:** Kindergarten & 1st Grade
- **Times:** Fridays 4:00-5:00pm
- **Prices:** \$429 includes (\$33.00 per session)
- **Length:** 13 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

## Cooking 2

SYL Sports Company



*For cooking classes the children will make a dish from scratch (every week) to take home along with a recipe card enabling them to recreate the experience again! The semester will consist of both sweet and savory dishes but will always follow the principles of healthy eating.*

### Cooking 2

- **Grades:** 2nd-6th Grade
- **Times:** Tuesdays 4:00-5:00pm
- **Prices:** \$495 includes (\$33.00 per session)
- **Length:** 15 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

## French Book Club

Mai Descamps



*Each week students will meet to read and discuss French books and authors. Students will have the opportunity to be exposed to new literature every week while gaining their independence in reading.*

### French Book Club

- **Grades:** Kindergarten– 2nd Grade
- **Times:** Wednesdays 5:00-5:45pm
- **Prices:** \$308 includes (\$22.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 10 students
- [Registration Link](#)

## Building Blocks of Coding

### Kodely Company



*We introduce the basic concepts of coding to our students in this workshop. From an early age, getting students to exercise their muscles around problem-solving and computational thinking helps them become **well-rounded innovators**. Through each Kodely workshop, students walk through a simulated design challenge and explore how to empathize and understand the needs of others, identify problems, brainstorm and generate ideas, and finally, learn how to test and evaluate their ideas using prototypes.*

### Building Blocks of Coding

- **Grades:** Kindergarten
- **Times:** Tuesdays 4:00-4:45pm
- **Prices:** \$495 includes (\$33.00 per session)
- **Length:** 15 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

## Coding with Empathy

### Kodely Company



*Students will learn to code and work with cool sensors to build a new project every week! From a young age, Kodely students will learn about technology through a lens of user empathy and design. We teach our students the skills used by teams at Microsoft and Apple and taught at top universities like Stanford school to think like a designer and take their technical skills beyond what they've learned in a classroom setting and apply them to the real world.*

### Coding with Empathy: Level 1

- **Grades:** 1st-3rd Grade
- **Times:** Thursdays 4:00-4:45pm
- **Prices:** \$462 includes (\$33.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 12 students
- [Registration Link](#)



# Running Club

**Coach Matt**



*Kids will tie up their laces and get ready to play activities that will work on developing a healthy lifestyle, including running for speed and distance. Kids work on agility and fitness while enjoying running games. We will emphasize good sportsmanship and positivity in our activities. We'll have a few short races during the season and at the end of the session, the kids will run their final race in Serra Park with a celebration afterwards. No prior running experience is required.*

## Running Club

- **Grades:** 1st & 2nd Grade
- **Times:** Thursdays 4:00-4:45pm
- **Prices:** \$350 includes (\$25.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 8 students
- [Registration Link](#)

# Soccer 1

**Jaime Carrasco**



*Students will learn basic soccer skills, positions, and goal keeping through games and drills. As an alternate Jaime will teach life skills such as, respect and discipline.*

## Soccer 1

- **Grades:** Kindergarten
- **Times:** Tuesdays 5:00-5:45pm
- **Prices:** \$255 includes (\$17.00 per session)
- **Length:** 15 Sessions
- **Maximum:** 12 students
- [Registration Link](#)



## Soccer 2

Jaime Carrasco



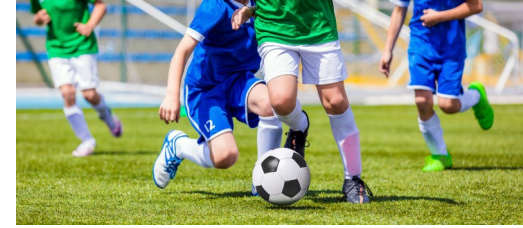
*Students will learn basic soccer skills, positions, and goal keeping through games and drills. As an alternate Jaime will teach life skills such as, respect and discipline.*

### Soccer 2

- **Grades:** 1st Grade
- **Times:** Tuesdays 4:00-4:45pm
- **Prices:** \$255 includes (\$17.00 per session)
- **Length:** 15 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

## Soccer 3

Jaime Carrasco



*Students will learn basic soccer skills, positions, and goal keeping through games and drills. As an alternate Jaime will teach life skills such as, respect and discipline.*

### Soccer 3

- **Grades:** 2nd & 3rd Grade
- **Times:** Fridays 5:05-5:50pm
- **Prices:** \$221 includes (\$17.00 per session)
- **Length:** 13 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

## Soccer 4

Jaime Carrasco



*Students will learn basic soccer skills, positions, and goal keeping through games and drills. As an alternate Jaime will teach life skills such as, respect and discipline.*

### Soccer 4

- **Grades:** 4th-6th Grade
- **Times:** Fridays 4:00-5:00pm
- **Prices:** \$234 includes (\$18.00 per session)
- **Length:** 13 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

## Spanish 1: Beginner

Veronica Mendoza



*Students are encouraged to have fun while learning how to use basic vocabulary, through games, crafts, music, and cultural songs.*

### Spanish 1

- **Grades:** Kindergarten
- **Times:** Thursdays 4:00-4:45pm
- **Prices:** \$322 includes (\$23.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 10 students
- [Registration Link](#)

## Spanish 2: Beginner

Veronica Mendoza



*Students are encouraged to have fun while learning how to use basic vocabulary, through games, crafts, music, and cultural songs.*

### Spanish 2

- **Grades:** 1st & 2nd Grade
- **Times:** Tuesdays 4:00-4:45pm
- **Prices:** \$345 includes (\$23.00 per session)
- **Length:** 15 Sessions
- **Maximum:** 10 students
- [Registration Link](#)

## Spanish 3: Intermediate

Veronica Mendoza



*This class is crafted for students that have already taken Spanish in our program for at least one semester. Students are encouraged to continue their fun adventure with the Spanish language through games, crafts, music, and cultural songs.*

### Spanish 3

- **Grades:** 1st & 2nd Grade
- **Times:** Tuesdays 5:00-5:45pm
- **Prices:** \$345 includes (\$23.00 per session)
- **Length:** 15 Sessions
- **Maximum:** 10 students
- [Registration Link](#)

# Spanish 4: Beginners-Intermediate

Veronica Mendoza



*This class is crafted for students that have never taken Spanish or have taken one or two semesters in our program. Students are encouraged to continue their fun adventure with the Spanish language through games, crafts, music, and cultural songs.*

## Spanish 4

- **Grades:** 3rd-5th Grade
- **Times:** Wednesdays 5:00-5:45pm
- **Prices:** \$322 includes (\$23.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 10 students
- [Registration Link](#)

# Spanish 5: Advanced

Veronica Mendoza



*This class is crafted for students that have already taken Spanish in our program for at least three semesters. Students are encouraged to continue their fun adventure with the Spanish language through games, crafts, music, and cultural songs.*

## Spanish 5

- **Grades:** 3rd-5th Grade
- **Times:** Wednesdays 4:00-4:45pm
- **Prices:** \$322 includes (\$23.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 10 students
- [Registration Link](#)

# Spanish 6: Fluent Speaker

Veronica Mendoza



*This class is crafted for students that already speak Spanish at home. It will be held 100% in Spanish. Students are encouraged to continue their fun adventure with the Spanish language through games, crafts, music, and cultural songs.*

## Spanish 6

- **Grades:** 1st-3rd Grade
- **Times:** Fridays 4:00-4:45pm
- **Prices:** \$299 includes (\$23.00 per session)
- **Length:** 13 Sessions
- **Maximum:** 10 students
- [Registration Link](#)

# Spanish 7: Fluent Speaker

Veronica Mendoza



*This class is crafted for students that already speak Spanish at home. It will be held 100% in Spanish. Students are encouraged to continue their fun adventure with the Spanish language through games, crafts, music, and cultural songs.*

## Spanish 7

- **Grades:** 4th-6th Grade
- **Times:** Fridays 5:00-5:45pm
- **Prices:** \$299 includes (\$23.00 per session)
- **Length:** 13 Sessions
- **Maximum:** 10 students
- [Registration Link](#)

# Les Ateliers de Theatre

**Patricia Guedj**



*Les Ateliers de Theatre was created 20 years ago to develop and promote spontaneity and ability to feel more comfortable about the French language and public speaking. Many students have improved over the years to become more comfortable in front of an audience. Simple costumes and props are included in the class cost.*

## Theatre

- **Grades:** 2nd-6th Grade
- **Times:** Thursdays 4:00-5:30pm
- **Prices:** \$539 includes (\$38.50 per session)
- **Length:** 14 Sessions
- **Maximum:** 12 students
- [Registration Link](#)

# Yoga

**Lance Waldsmith**



*Students are introduced to a variety of postures and breath work within a moderate pace yoga style. Students will have the opportunity to relax their minds and bodies after a long day at school.*

## Yoga

- **Grades:** Kindergarten-6th Grade
- **Times:** Wednesdays 5:00-5:45pm
- **Prices:** \$308 includes (\$22.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 12 students
- [Registration Link](#)



# Zumba

SYL Sports Company



*Zumba class will give students an opportunity to move their bodies and enjoy exposure to new music and dance techniques. Over the course of the semester students will be exposed to 9 different styles of Spanish/Latin American Dance. The styles will include Cumbia, Salsa, Merengue, Mambo, Flamenco, Chachacha, Reggaeton, Soca, and Samba.*

## Zumba

- **Grades:** Kindergarten-6th Grade
- **Times:** Mondays 4:00-4:45pm
- **Prices:** \$392 includes (\$28.00 per session)
- **Length:** 14 Sessions
- **Maximum:** 14 students
- [Registration Link](#)

# Waitlist

## [Waitlist Link](#)

- If an activity is full you may sign your child up for the waitlist
- You will receive an email if a spot becomes available