COVID-19 Parent Handbook
For PS-6th Grade Families

School Year 2022/2023- Revised 08/15/2022
The Important Roles That Families Play

The partnership between FASSV and our families is critical to keeping our community healthy and safe. Families play a vital role in maintaining safety on campus. **The number one safety measure is to keep a child home if he/she is sick.**

We want to work with families to support their child’s adherence to safety measures while they are on campus as well as at home.

Here is how you can help at home:

- Monitor your child for symptoms
- Encourage frequent handwashing and healthy hand washing techniques
- Avoid large-group gatherings
- Continue regular visits to your pediatrician or healthcare provider
- Wear face masks when inside (highly recommended)
- Monitor your child’s mental health by talking freely about COVID-19 and other concerns

We understand that there are families with higher risk members in their households. As a community which prioritizes health and safety, we must all do our part to adhere to state and local health recommendations to control transmission and potential future outbreaks.

There may be times when we ask families to comply with more stringent safety measures and we greatly appreciate your cooperation.

Prior to resuming on-campus instruction, and after all breaks, **all students will need to complete a COVID-19 test and send the results to our COVID-19 Designee at DFO@fassv.org.** Antigen/ Home tests are recommended.

Physical Distancing, Social Connection, and the Mitigation of Risk

The physical and emotional health and well-being of children, staff and communities are dependent on relationships and connections. While physical distancing is ideal for lowering the risk of the spread of COVID-19, there is an inherent conflict between an optimal academic, social, and emotional learning environment and physical distancing.

**In developing policies and practices, we are attempting to balance safety needs of our community, required adherence to federal, state, and local orders with what we know about how students thrive.**
Community Expectations

All members of the FASSV community have a shared responsibility to prevent the spread of illness. It is imperative that we remain committed to the safety policies and procedures listed in this handbook to help keep students, staff, and faculty safe. By bringing your child on campus, you agree to the requirements listed below:

- **Follow Federal, State, and Local Orders:** All families are expected to adhere to the directives of applicable federal, state, and local government health departments, regarding social distancing in public and other measures to reduce the spread of COVID-19.

- **Stay Home if Sick:** If your child is sick, we expect you to keep him/her at home.

- If your child tests positive for COVID-19, you must notify the school as soon as possible by sending an email to our DFO at dfo@fassv.org.
COVID-19 Testing and Reporting

A. Indications for testing:

   i. All students and staff will be required to get tested as soon as possible after they develop one or more COVID-19 symptoms or within 3 to 5 days from last exposure if one of their household members or school close contacts tested positive for COVID-19.
   ii. Rapid home/antigen tests are accepted by FASSV.
   iii. A list of nearby testing sites is available through the Santa Clara County’s Emergency Operations Center.

B. Positive test results:

   i. All parents and staff should notify the school immediately if a student or staff member tested positive for COVID-19 and stay home at least for 5 days (day 0 is the day of positive results). Positive students or staff will be allowed to come back to school on day 6 only if they have proof of a negative test result, symptoms have improved and have been fever-free for at least 24 hours without fever reducing medication. Positive staff or student will be allowed to come back to school after 10 days of isolation without the need of a negative test result.
   ii. In all cases, staff or student who have been positive must wear a mask whenever near other until day 11 after positive results received.

C. Negative test results:

   i. Symptomatic individuals who are not in close contact to a person who has tested positive for COVID-19, and who test negative for the virus, can return to school/work after at least 24 hours from fever resolution (if any) and improvement in other symptoms.
   ii. Documentation of negative test results must be provided to school administration.
Response to Suspected or Confirmed Cases and Close Contacts

A. Suspected COVID-19 case(s) response:

i. Any students or staff exhibiting symptoms will immediately be required to wait in an isolation area until they can be transported home. They can return to school/work after at least 24 hours from fever resolution (if any) and improvement in other symptoms and provide the School with a negative test result.

B. Confirmed COVID-19 case(s) response:

i. The School will notify all families and personnel in the school community of any positive COVID-19 case while maintaining confidentiality as required by state and federal laws.

ii. All communication to parents and staff will be pursuant to the guidelines as laid out by State and County guidelines; and reporting will be done to the California Department of Public Health through the agency’s online School Portal of Outbreak Tracking (SPOT).

iii. Areas used by any COVID-19 positive person will be cleaned and disinfected.

iv. If a student develops COVID-19 symptoms, students should stay home and get tested. Students may return to in-person instruction after meeting the following criteria:

- At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND
- Other symptoms are improving; AND
- They have a negative COVID-19 test, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition OR a
healthcare provider has confirmed an alternative named diagnosis, OR at least 10 days have passed since symptom onset.

- If the exposed student tests positive for COVID-19, students must stay home for at least 5 days after start of symptoms (or 5 days after date of first positive test if no symptoms).
- Isolation can end after day 5 if symptoms are not present or are resolving and a specimen is collected on day 5 or later tests negative. Students should wear a well-fitted mask around others until symptoms resolve, especially in indoor settings.
- If unable to test, choosing not to test, or testing positive after day 5, isolation can end after day 10 if fever-free or 24 hours without the use of fever-reducing medications. Student or staff will be back to school on day 11.
- If fever is present, isolation should be continued until 24 hours after fever resolves.
- If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after day 10.

C. Close contacts to confirmed COVID-19 case(s) response:
   i. Recommendations for students exposed to COVID-19
      - Exposed students, regardless of vaccination status, should get tested for COVID-19 with at least one diagnostic test (FDA-authorized antigen diagnostic test, PCR diagnostic test, or pooled PCR test) obtained within 3-5 days after last exposure, unless they had COVID-19 within the last 90 days.
      - Exposed students who had COVID-19 within the last 90 days do not need to be tested after exposure but should monitor for symptoms. If symptoms develop, they should isolate and get tested with an antigen test.
COVID-19 Decision Tree for TK-12 and Childcare (8.09.22)

**Symptomatic person, NOT a close contact**
- Isolate immediately
- Get tested
- Remain in isolation until results are received

**Person with positive test**
- STAFF
- Asymptomatic staff may remain at work.
  - MUST test within 3-5 days from last exposure, unless had COVID in last 90 days.
  - MUST wear a mask when near others until Day 11 after exposure.

**Close contact**
- STUDENT OR CHILD
- Asymptomatic students/children may remain in school or childcare
  - Recommend testing within 3-5 days from last exposure, unless had COVID in last 90 days.

**Isolate: First positive test or symptom onset = Day 0**
- Stay home at least through Day 5.
- Individual can return before Day 11 if they test negative at any point on or after Day 5, symptoms improve AND no fever for at least 24 hours (without fever reducing medication).
- If unable to test or refusing to test: Isolation can end on Day 11 if no fever for at least 24 hours (without fever-reducing medication).
- Staff MUST and students SHOULD wear a mask when around others until Day 11.

**If have or develop symptoms**
- Isolate immediately and get tested
  - Follow isolation instructions

**Positive/No test**
- Can return if test is negative, symptoms improve AND no fever for at least 24 hours (without fever reducing medication).
- MUST wear a mask whenever near others until Day 11 after exposure.

**Negative test**
- Can return if test is negative, symptoms improve AND no fever for at least 24 hours (without fever reducing medication).
- SHOULD wear a mask whenever near others until Day 11 after exposure.

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1. Antigen test recommended.
2. Wearing a mask around others is strongly recommended for anyone 2 years and older except when eating or sleeping.
3. Close contact = someone sharing the same indoor airspace for a cumulative total of ≥ 15 minutes over a 24-hour period during a confirmed case’s infectious period.
On Campus

School settings

- **The School** will limit to the greatest extent possible, the number of personnel interacting with each cohort of students as well as the number of adults allowed to enter the buildings.

Face coverings

- While masks are still highly recommended indoors, parents have the choice to send their student to class with or without a mask.
- Should a student develop symptoms, the School will ask them to wear a mask and ask for parents to pick him/her up.
Drop-Off & Pick-Up

• **Drop offs and pick-ups** will take place at the playground's gates. No parents or guardians will be allowed on campus.
  - PS and Pre-K: PS-Pre-K playground
  - K-2nd grade: main playground
  - 3rd grade: portable courtyard
  - 4th-6th grade/ **Upper Campus**: On the main parking lot situated on Woodhams Road.

• **Only late arrivals or early pick-ups** will be allowed at the school front door.

Testing

• **For Staff:**
  - All FASSV’s personnel are currently vaccinated against COVID-19. Staff will be tested for COVID-19 before the start of the school year, and then after each break.
• **For Students:**
  - Students will need to be tested before the start of the school year, and then after each break.

• **Students or staff** with any identified COVID-19 symptoms and/or temperature of 100.0 or higher will be sent home immediately until testing and/or medical evaluation has been conducted.

  • COVID-19 symptoms are:

    o Fever or chills
    o Cough
    o Shortness of breath or difficulty breathing
    o Loss of taste and smell
    o Fatigue
    o Runny nose
    o Sore throat
    o Headache
    o Muscle or body aches
    o Nausea, vomiting, or diarrhea

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**Cleaning**

Our cleaning staff has implemented additional disinfection measures with EPA approved disinfectant for SARS-CoV-2, the virus that causes COVID-19.

  • **Sanitation and Disinfection Protocols** have been instituted in compliance with the Santa Clara County Health Department’s directive, in the event the SARS-CoV-2 virus enters the school facility.
Handwashing

- All students will be instructed in proper handwashing techniques.

- Handwashing will be required at numerous times during the day such as upon arrival, before and after eating, after using the bathrooms, sneezing, or coughing, before and after outside break times and as needed.

- Hand sanitizers with at least 60% alcohol will be available at gates, building entrances, and in every classroom. Handwashing will be prioritized over hand sanitizing and the use of hand sanitizers by students will be carefully monitored to avoid any misuse or accident.
Information for parents

Hours of Operation

- 8:00 AM to 8:30 AM – Morning Welcome
- 8:30 AM to 3:30 PM – Class Time
- 3:30 PM to 3:45 PM – Dismissal
- 3:45 PM to 6:00 PM – Aftercare, Study Hall, or Afterschool Program in Sunnyvale
- 8:00 AM to 4:00PM- Santa Clara Upper Campus

Access

- Checkpoint and access to the campus at the playground gates:
  - **PS-Pre-K**: PS and Pre-K playground
  - **K-2nd grade**: main playground
  - **3rd grade**: portable courtyard
  - **4th-6th grade/ Upper Campus**: On the main parking lot situated on Woodhams Road.

- From the checkpoints, students will walk to their classroom.
- No parent allowed on campus.
Thank you!

We look forward to seeing you and your child on campus.

Students’ Belongings

- Please mark your student’s mask with his/her name.
- Remember to pack the following:
  - Lunch and snacks (Preschool and Pre-K snacks are provided by the school)
  - Plenty of water in water bottles labelled with your child’s name

*Note: the School has a no candy policy and is NUT FREE*